MANAGER'S REFERENCE

Nitech® HAVE YOU COMPLETED YOUR HEALTH CHECK TODAY?

Our commitment to the safety and well-being of our colleagues, customers and communities begins with you.





2. Please

take your

Is it over

37.8°C?

100.4°F or

temperature.











- **1.** Do you have any of these symptoms that are not caused by another condition?
 - Cough, shortness of breath or difficulty breathing
 - Fever or chills
 - Muscle or body aches
 - Vomiting or diarrhea
 - New loss of taste or smell.

3. Within the past 14 days, have you had contact with someone who has a confirmed case of COVID-19?

> Contact is being 6 feet (2 meters) or closer for more than 15 minutes with a person, or having direct contact with fluids from a person with COVID-19 (for example, being coughed or sneezed on).

4. Have you had a positive COVID-19 test for active virus in the past 10 days?

5. Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate or selfguarantine because of concerns about COVID-19 infection?

6. Have you or vour household members travelled outside of your local region during the last 14 days?

Managers, your response should be as follows:

If a team member indicates they are experiencing these symptoms, please confirm that they are new and unexplained. In other words, they are not related to another condition or likely to be due to another cause (e.g., muscle aches from strenuous physical activity).

If new and unexplained, please have them seek the advice of a medical professional and stay home until cleared by their doctor or no longer exhibiting these symptoms.

Anyone with a fever of greater than 100.4°F or 37.8°C needs to remain home until fever-free for at least 24 hours without fever-reducing medications.

Anyone who has had contact with a **confirmed** case of COVID-19 should remain home in self-quarantine for 14 days since the date of last contact. A COVID-19 test should not be done until at least 3 days after exposure.

Anyone with a positive test for COVID-19 needs to remain in guarantine until at least 10 days after their positive test and until they are no longer symptomatic.

The individual needs to stay in self-guarantine!

the trip using the travel risk

assessment. If additional clarity or guidance is needed, please speak with a COVID-19 Task Force member.

Please review

Don't forget to visit the Covid-19 resource page on Atlas for all materials and resources.