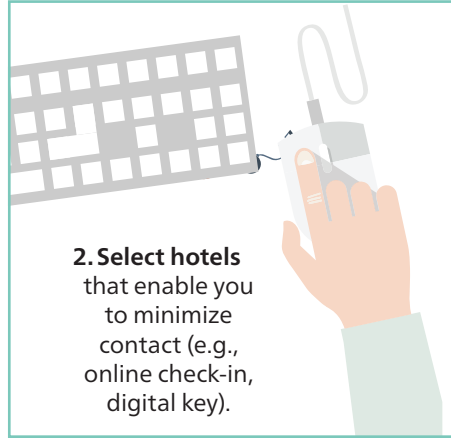


STAYING AT HOTELS

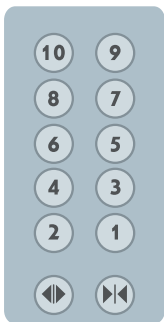


1. If possible, plan travel to avoid hotel stays.

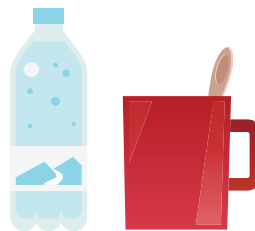


2. Select hotels that enable you to minimize contact (e.g., online check-in, digital key).

3. Carry your own pen if needed for check-in, a plastic bag to put the TV remote control in, your own water bottle/mug, your own pillow if possible, hand sanitizer and suitable cleaning material such as alcohol wipes with a minimum of 70%.



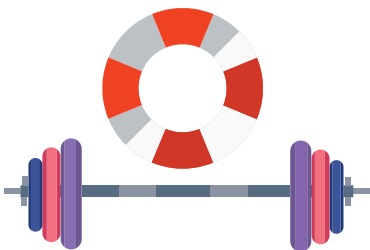
4. Assume that surfaces throughout the hotel have not been cleaned and wipe down your room and any other surfaces you may touch (e.g., elevator button, door handles, etc.).



5. Use your own water bottle and mug instead of the ones provided.



6. Keep your toiletries in the bag instead of emptying them onto the counter.



7. Avoid using the hotel gym or pool and go for a run outside instead.



8. Keep your bag somewhere separate for 72 hours to decontaminate (e.g., the garage).



9. Immediately launder your clothes upon returning home.