FACE COVERINGS

Many governments and health agencies recommend the wearing of face coverings in public settings. These face coverings do not protect the wearer but protect others from any infectious droplets the wearer may emit. “I wear to protect you; you wear to protect me.”

Face coverings need to cover the mouth and nose to provide protection and should:

- Fit snugly but comfortably against the side of the face and allow for breathing without restriction.
- Be secured with ties or ear loops.
- Include multiple layers of fabric.
- Be able to be regularly laundered and machine dried without damage or change to shape.
- Wash your hands immediately after handling the face mask.

When putting on/taking off the face covering, handle it using the ties or ear loops, being careful not to touch the eyes, nose, mouth or face covering itself.