If your locality does not have restrictions on movement, farm visits may be carried out under strict adherence to all the following precautions:

1. Use of technology for meetings is still preferred. Can the consultation be done remotely?
   You must obtain prior permission from both your supervisor and farm management.

2. Check the location. Is it in a COVID-19 hotspot?

3. On the date of travel, complete your personal health check, including taking your temperature.*

4. Contact the farm to check on the wellness of all employees. If all parties are in good health, you may visit.

5. Travel should take place alone by car. If a second person will be visiting, they need to travel separately.

6. Apply hand sanitizer before leaving your car and getting back in.
   Sanitize any surfaces you touch by using wipes or spray.

7. Wear gloves and use either boot covers or a disinfectant foot bath. Adhere to all additional biosecurity procedures requested by the farm.
   Dispose of your gloves and boot covers onsite, if possible.

8. Greet the farmer in the yard, without contact. No handshakes!

9. Always maintain physical distancing of at least 6 feet/2 metres from others. This is roughly the length of a cow!

10. If possible, limit interaction to only one farm employee.

11. Do not share any equipment, such as computers or pens.

12. A record of visits should be kept, including the date, location, all individuals met and their contact details.

*4. Are you experiencing a cough or shortness of breath and at least two of the following – chills, repeated shaking with chills, muscle pain, headache, sore throat or new loss of taste or smell? If yes, notify your supervisor, remain home and contact your medical provider.

If it is at or above 100.4°F or 37.8°C, notify your supervisor immediately and do not travel. You need to remain at home until your temperature is below 100.4°F or 37.8°C for at least 72 hours, without the use of fever-reducing or other symptom-altering medicines. If any additional symptoms emerge, please seek medical attention and keep your supervisor updated.