

Dog body condition score chart

Being aware of your dog's body condition score (BCS) can help you keep them at an ideal weight, which is crucial for their health and longevity. Dogs are typically rated on a scale of 1 to 9, with 1 being emaciated and 9 being obese. Use these guidelines as a starting point in your furry friend's weight management.



1

- Ribs, spine and pelvic bones are visible from a distance
- No visible body fat or muscle mass

2

- Ribs, spine and pelvic bones are easily visible
- No obvious fat and very minimal muscle mass

3

- Ribs are easily palpable and may be visible
- Spine and pelvic bones are visible
- Dog has an obvious waist line and abdominal tuck

4

- Ribs are easily palpable with minimal fat covering
- Waist is easily visible from above
- Abdominal tuck is clearly defined

5

- Ribs are palpable with some fat covering
- Waist is visible from above but less prominent
- Abdominal tuck is visible from the side

6

- Ribs are palpable with some excess fat covering
- Waist is visible from above but less prominent
- Abdominal tuck is visible

7

- Ribs are palpable with effort due to excess fat covering
- Visible fat deposits over spine and base of tail
- Waist is unclear and abdominal tuck may be absent

8

- Ribs are not palpable due to significant fat cover
- Heavy fat deposits over spine and base of tail
- No defined waist or abdominal tuck
- Abdomen may be distended

9

- Dog has large fat deposits over spine and at base of tail
- No defined waist or abdominal tuck
- Neck and legs may have fat deposits
- Abdomen obviously distended

Tips for managing your dog's weight:

1. Work with your veterinarian or animal nutritionist to feed a dog food that meets the needs of your individual dog by taking breed, age and exercise intensity into account.
2. Prioritize daily exercise for your dog! Healthy movement stimulates blood flow, promotes joint health and helps keep weight in check. Exercise can take many forms, from hunting to daily walks to playing fetch or swimming.
3. Support good dog gut health and optimal weight by minimizing table scraps, treats and other sources of excess calories.
4. Learn more about your dog's health at www.alltech.com/animal-nutrition/pet.

Cat body condition score chart

Being aware of your cat's body condition score can help keep them at an ideal weight, which is crucial for health and longevity. Cats are typically rated on a scale of 1 to 9, with 1 being emaciated and 9 being obese. Use these guidelines as a starting point in your furry friend's weight management.



1

- Ribs, spine and pelvic bones are easily visible, especially on shorthaired cats
- No palpable fat cover over the rib cage
- Very low amount of muscle mass
- Severe abdominal tuck

2

- Ribs are easily visible
- No palpable fat cover over the rib cage
- Minimal muscle mass
- Very obvious abdominal tuck

3

- Ribs are visible with a small amount of abdominal fat
- Cat has an obvious waist and pronounced abdominal tuck

4

- Ribs are not visible but are easily palpable with minimal fat covering
- Waist is easily visible from above

5

- Ribs are not visible but are easily palpable with some fat covering
- Waist is visible from above
- Slight abdominal tuck makes for a well-proportioned cat

6

- Ribs are not visible but are palpable with some excess fat covering
- Waist is not clearly defined from above
- Abdominal tuck is visible but becoming less obvious

7

- Ribs are palpable with effort due to excess fat covering
- Waist is not well-defined
- Cat shows no abdominal tuck

8

- Ribs are not palpable due to significant fat cover
- No defined waist or abdominal tuck
- Abdomen may be distended

9

- Ribs are not palpable due to thick fat layer
- No defined waist or abdominal tuck
- Cat has large abdominal fat deposits
- Abdomen obviously distended

Tips for managing your cat's weight:

1. Work with your veterinarian or animal nutritionist to feed a cat food that meets the needs of your individual cat by taking breed, age and exercise intensity into account.
2. Prioritize daily exercise for your cat! Healthy movement stimulates blood flow, promotes joint health and helps keep weight in check. Exercise can take many forms: climbing on a cat tree, playing indoors with toys or outdoors in the yard, or even a quick walk!
3. To support good cat gut health and optimal weight, minimize table scraps, treats and other sources of excess calories.
4. Learn more about your cat's health at www.alltech.com/animal-nutrition/pet.